

# EFFICIENT TEAM WORKING

## General Information



Semester: **S1**

Language: **English**

## Description



This subject will help the student to understand the variables that influence working teams understood as a process and will provide them with tools to perform more efficiently when working in a group (as a member or a leader).

## Methodology



- Readings and videos will be available online.
- Working teams will be created and each team will submit different practical exercises.
- Final individual test.
- Final grade will be an average between the final exam and the exercises.

## Contents



- **Topic 1: Introduction**
  - What is a team?
  - Why do we want to work in teams?
  - Basic concepts about teams
- **Topic 2: Leadership**
  - The basics of Power
  - Types of Leadership
  - Efficient Team Leadership
- **Topic 3: Communication & Conflict Management**
  - The basics of Communication
  - Non-violent Communication
  - Types of Conflicts
  - The conflict Process
  - Conflict Management
- **Topic 4: The process of Efficient Team Working**
  - From groups to teams
  - The process of becoming an efficient team